

## **WHO WILL TAKE CARE OF ME WHEN I AM OLD?** **featuring renowned author Joy Loverde**

Everyone ages differently, and navigating the future is as important for older adults as it is for their adult children. Join us for an impactful *in-person* event aimed at arming you with the information you need. Living Well means Planning Well

Upbeat, educational, and highly interactive, Joy's presentation will offer tips on aging well and strategies to safeguard your quality of life.

**Saturday, April 5, 2025**

**Check-in & Refreshments @ 9:30 am**

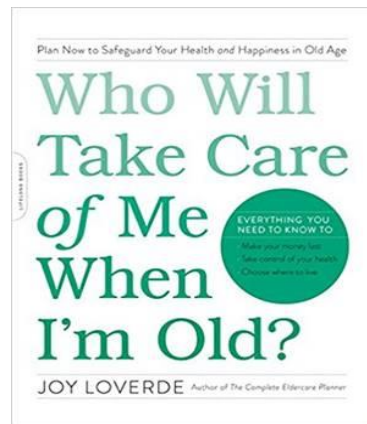
**Presentation 10:00 – 11:30 am**

**Our Lady of Mt. Carmel Church**

**8404 Cass Ave, Darien, IL**

**Advance registration required:** Email [catholicgrandparentsolmc@gmail.com](mailto:catholicgrandparentsolmc@gmail.com) to register, deadline March 10. **Tickets are \$35 pp; space is limited.**

**ATTENDEES WILL RECEIVE A COMPLIMENTARY SIGNED COPY OF JOY'S BOOK**



Joy is a Catholic grandmother and national key-note speaker on pro-active aging; her work was featured on major outlets including the *Today Show*, *NPR*, *Good Morning America*; and in publications *USA Today*, the *Wall Street Journal*, *Time*, and the *New York Times*.

Hosted by the CGA Grandparents Ministry at OLMC

