

Day 9

“I therefore ask you to base all that you do entirely upon God and not to trust your own abilities, knowledge or reputation; and, in this way, I shall know that you are ready for all the great trials, spiritual as well as worldly, which can afflict you. For God raises up and supports the humble, especially those who in small and lowly matters have seen, as in a polished mirror, their own weaknesses and have conquered them.”

*Letter to the Jesuits of Goa from Kagoshima in Japan
5th November 1549*

Reflection

- Do you trust your own abilities and judgements more than you trust God?
- Have you noticed God raising you up and supporting you?
- If you look at your life and your personality in the polished mirror, do you see a person who is loved and forgiven and completely accepted by God?

Prayer

**God our Father,
as St Francis Xavier travelled
to the ends of the earth,
impelled by love of Christ
and afire with his good news,
give me the trust and the grace
to base all that I do entirely on you,
safe in the knowledge that you raise up the lowly
and fill them with good things.
Through Christ our Lord.
Amen.**